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Positions Held

Licensed Psychologist: Private practice, independently and with Northland Therapy Center. (5/85 to date.) Since 4/93 a partner in Northland's management company, Midtown Management Inc., serving as director of marketing, network relations, research and training. Corporate Treasurer 1/97 to date. Clinical director 6/97 to date. Chief Executive Officer 2000 to date.

Lecturer, Center for Spirituality and Healing, Academic Medical Center, University of Minnesota, Co-teaching CSpH 5317, "Yoga: Ethics, Spirituality and Healing." July, 2004 to date.

Adjunct Assistant Professor, Professional Psychology, University of St. Thomas, St. Paul, MN. (12/97 to date.) Courses taught: "Introduction to Group Therapy," Practicum Supervision and various guest lectures on topics in male gender issues, ethics and the psychology of HIV/AIDS.

Consulting Psychologist: Metro Therapy Special Childrens' Clinic Inc., Roseville, MN, performing assessments, psycho-social histories, psychotherapy and consultation. (10/95 to 10/2002.)

Consultant: Employee Advisory Resource, Ceridian Corp., Bloomington, MN, providing in-person crisis assessments and other consultation. (1/86 to date.)

Consultant: Pride Institute, Eden Prairie, MN, providing psychological assessment (including testing) of people with abuse issues or severe anxiety, presenting lectures and process groups on abuse, H.I.V. and organizational issues. (6/88 to 1991.)

Adjunct Assistant School Professor: Counseling and Psychological Services Program, Graduate Center, Saint Mary's University of Minnesota. April 1998 special award: "In recognition of your contributions in advising adult learners your colleagues, our students, and the entire University Community bestow this award upon you as Outstanding Student Advisor." Courses taught: "Ethics and Professional Issues in Psychology," "Men in Therapy," "Human Sexuality," "Psychology of HIV/AIDS." (Spring '87 to date.)

Supervisor (Volunteer): Walk-In Counseling Center, Minneapolis, MN, supervising a team of volunteer professional crisis counselors. (1/90 to 12/94.)

Consultant and support group facilitator, Minnesota A.I.D.S. Massage Project. (1/91-6/91.)

Child, Adolescent and Family Therapist: Chrysalis Mental Health Center, Minneapolis, MN. (6/86-6/89)

Minnesota AIDS Project: "On the Safe Side" seminar facilitator, speakers' bureau, support group facilitator trainer. (1986 to 1989)

Psychologist II: Minnesota Dept. of Health, Red Door Clinic, Minneapolis, MN, providing counseling in an experimental H.I.V. prevention program. (11/86-6/87)

Referral Coordinator: Statewide Referral Service, Minnesota Psychological Association, St. Paul, MN. (10/85-9/86)

Psychotherapist: Lesbian and Gay Community Services, Minneapolis, MN. (10/84-7/85)

Personal Problems Specialist and Crisis Counselor: Employee Advisory Resource, Control Data Corp. (now Ceridian Corp.), Bloomington, MN. (8/81-9/84)

Counselor (Volunteer): Walk-In Counseling Center, Minneapolis, MN, providing crisis intervention and short term therapy. (4/83-6/84)

Psychology Intern: Mental Health Dept., Park Nicollet Medical Center, St. Louis Park, MN. 9/82-1/83)

Nursing Assistant Instructor: Emergency Dept., Hennepin County Medical Center, Minneapolis, MN. (1978-1981)

Education

Bachelor of Arts *summa cum laude* : University of Minnesota, Minneapolis, MN, 1975. Major: South Asian Languages and Literature. (Phi Beta Kappa)

Post-baccalaureate studies in pre-medical sciences, University of Minnesota, Minneapolis, MN. (1976-1978)

Master of Arts: College of St. Thomas, St. Paul, MN, 1982. Major: Counseling Psychology. Family therapy practicum at Anoka County Juvenile Court Services and internship at Park Nicollet Medical Center (above).

Psy.D., Counseling Psychology, University of St. Thomas, St. Paul, MN. Internship: (1992-3) at Walk-In Counseling Center, Minneapolis, MN & (1993-4) at Hennepin County Family and Children's Mental Health Center. Doctoral project title: "Word Improvisation and HIV/AIDS: Experiential Strategies for Professional Education and Training." Degree granted 12/17/94. Use of degree with existing licensure approved by the Board of Psychology 3/10/95.

Professional

Licensed in Minnesota as Licensed Psychologist #956 on 1/5/85, #LP2149 upon 1993 renewal. List of competencies available on request.

National Register of Health Service Providers in Psychology No. 43951, April, 1996.

Certificate of Professional Qualification in Psychology, Association of State and Provincial Boards of Psychology, Aug. 2000.

Full member, Minnesota Psychological Association, serving as M.P.A.'s representative to the A.P.A.'s Committee on Lesbian and Gay Concerns National Network.

Fellow, American Orthopsychiatric Association. Co-chair of Interest Group on Gay, Lesbian, Bisexual and Transgender Issues 1989-1997, annual meeting program committee.

Full Member, Minnesota Society for Clinical Hypnosis. Faculty for the annual training workshops.

Full member, American Society of Clinical Hypnosis.

Professional Member, Association for Transpersonal Psychology.

Associate Member, American Psychological Association (1990-2007). Selected in 1993 as a psychologist-trainer for Project H.O.P.E. Associate Member: Society for the Psychological Study of Gay and Lesbian Issues (A.P.A. Division 44). Associate Member: Division of Health Psychology (A.P.A. Division 38). Resigned 2007 due to excessive dues and in opposition to the A.P.A. policy of seeking prescribing privileges for psychologists.

Full member, American Counseling Association. (2008-date.)

Full member, Association of Lesbian, Gay, Bisexual, and Transgender Issues in Counseling.

Member: International Association of Yoga Therapists (2002 to date.). Profile at www.iayt.org.

Registered Yoga Teacher (R.Y.T.500) and Experienced Yoga Teacher (E.R.Y.T.500) (#16637), certified by the Yoga Alliance, 2005.

Award Recipient: Walk-In Counseling Center, "in recognition of outstanding volunteer services in community mental health." (5/13/91)

Review editor and book reviewer, *American Journal of Orthopsychiatry*, *Journal of Men's Studies*.

Publications

Parker, S. and Neiger, V. (1986). The corporate response to violence in the family. Personnel Administrator, Nov. 1986, 116-121. Reprinted by the American Society for Personnel Administration as part of a publication on *Work and Family Issues*, 1987.

Parker, S. (1989). Clinical case report. Images, Newsletter of the Minnesota Society for Clinical Hypnosis, II:5, 4-5.

Parker, S. & Thompson, T. (1990). Gay and bisexual men: Developing a healthy identity. In Leafgren, F. & Moore, D. (Eds.) *Problem solving strategies and interventions for men in conflict*. (pp. 113-121). Alexandria, VA: American Association for Counseling and Development.

Moore, D., Parker, S., Thompson, T. & Dougherty, P. (1990). The journey continues. In Leafgren, F. & Moore, D. (Eds.) *Problem solving strategies and interventions for men in conflict*. (pp. 277-283). Alexandria, VA: American Association for Counseling and Development.

Parker, S. (1990). Healing abuse in gay men: The group component. In Hunter, M. (Ed.) *The sexually abused male, vol. II: Application of treatment strategies*. (pp. 177-198) Lexington, MA: Lexington Books.

Parker, S. (1991). Repairing homosexuality: Personal perspectives. Minnesota psychologist, 40:6, 12-3.

Robiner, W. N., Parker, S. A., Ohnsorg, T. J., Strike, B. (1993). HIV/AIDS training and continuing education. Professional Psychology: Research and Practice. 24:1, 35-42.

Robiner, W.N., Ohnsorg, T.J., Parker, S.A., & Strike B. (1994). Psychologists' HIV/AIDS experiences, anxiety, knowledge, and continuing education: A preliminary report. Journal of Continuing Education in the Health Professions, 14, 196-211.

Edited for publication: Bh;rati, Sw;m\$-Veda.(2001.) The Yoga-s-#ras of Pata@jali with the exposition of Vy;sa: A translation and commentary. Volume II: S;dhana-p;da. Delhi, India: Motilal Banarsidass.

Parker, S. (2002). The practice of meditation in Ved;nta. Paper presented at the International Conference on Science and Meditation, Himalayan Institute Hospital Trust and S;dhanamandir Trust, Jolly Grant, Uttaranchal, India, 10-12November 2002. Published in PDF format at www.icsmindia.com.

Cameron, M. and Parker, S. (2004). Ethical and legal issues: The ethical foundations of Yoga. Journal of Professional Nursing,14, 275-6.

Parker, S. (2008.) Ethical decision-making for yoga teachers and yoga therapists. *International Journal of Yoga Therapy*, 18, 31-37.

Parker, S. (2009, in press). Integrative pain therapy in a clinical psychology practice. In *Meditation and Pain*

Management, proceedings of the conference, *Meditation and Pain Management*, Feb. 24-28, Rishikesh, India. Rishikesh, U.K., India: AHYMSIN Publishers.

Community Service

Spirit of the Lakes United Church of Christ (1989-date): Representative Council 1998-2000, Co-chair Pastoral Search Committee 1996-7, Capital Gifts Task Force of the 1995 Capital Campaign, Worship Team elected member 1998-2000 & 2001-date, Nominations Team elected member (2000-date), member Co-Pastoral Search Committee 2001-date, communion server, cantor, lay preacher, member and facilitator of a number of seasonal liturgy writing groups, smudger, adult educator, speakers' bureau of Outreach and Social Justice Team, building remodeler, gardener. Represented the church's gift to humanity of its "Shelter From Hate" education program and website to the Parliament of World Religions, Cape Town, South Africa, Dec. 1999.

Cathedral Church of St. Mark, Minneapolis, MN (1985-1989): adult educator, Development Committee Chair, Steering Committee, Restart Inc., a residence for traumatically brain injured young adults, Cathedral Church of St. Mark, Minneapolis, MN.

Walk-In Counseling Center (1983-date): volunteer counselor, supervisor, psychology intern, and general supporter.

Outreach Crisis Intervention Counselor (Volunteer): Nighttime Emergency Outreach Network (N.E.O.N.), Minneapolis, MN. (1976-1980)

Meditation Center (1971-date): hatha yoga and meditation teacher, lecturer, instructor in Sanskrit, editing and teaching assistance to Center founder Swami Veda Bharati. Board of Directors member and Vice President (Dec. 1999-date), Board Chairperson Dec. 2001-date. Senior faculty and member of the advisory and examination boards of the International Himalayan Yoga Teachers' Association.

Adjunct faculty, Sadhanamandir Ashram, Rishikesh, India and visiting faculty, Swami Rama Sadhaka Grama Gurukula, Rishikesh, India. Principal faculty, Himalayan Yoga Tradition Teachers' Training Program.

Personal

Avocations: backpacking and alpine mountaineering, traditional music, dance and song of the British Isles and North America, photography, writing, gardening, meditation and serious play therapy with food. Has published poems and literary essays in *The James White Review*, *The Evergreen Chronicles*, *Lavender Lifestyles*, *The Minnesota Daily*, *The Minnesota Psychologist*, *Himalayan Path* and *Prarie Harmony*. Occasional commentator, Minnesota Public Radio.